



Every day,
ask the person in your care a question.

Date _____ **Caregiver** _____

What would you like today?

Visitors
Activities
Food
Clothes
Bedroom / house organization
Drivers
Treats
Outings
Holidays

What, if anything, about your care **especially pleases** you?

What, if anything, you would like to **change**?

What, if anything, **worries** you?

Tell me about something that you **once loved** to do, but no longer do?

Tell me the **one thing you would do** today, if you could choose to do anything?

Tell me the **one person you would see** today, if you could choose to see anyone?

Tell me about the **one trip you would take**, if you could go anywhere you choose?