

## **From Inheritance to Legacy**

A grandparent,  
    Binding me back two generations;  
A grandchild,  
    Linking me forward two generations;  
Five beloved generations!  
    Arms and heart open wide as the world.

Ellen B. Ryan 2005

In E. B. Ryan, S. Clark, & P. Spadafora (2005), Writing my life story, with a little help from my friends.  
**Long Term Care**, 15(3), 21-24