Group Poem facilitated in Long term Care, Taken from Hagens, C., Cosentino, A., & Ryan, E. B. (2006). YOU GROW OUT OF WINTER: POETRY IN LONG TERM CARE. Hamilton ON: McMaster Centre for Gerontological Studies.

Just Four Lines

At seventeen I read the whole detailed edition of John Keats. Keats had a passionate purity about him. Our mistress said "I want you to write about "La Belle Dame Sans Merci". Write a verse to compare with that. Just four lines!" I wrote lots of little four line poems for our church magazine. That was the first person to ask me for some writing. In my thirties I had my special room in the attic. "Mother's room." I could see the countryside from the long window. I set aside two hours every day. No one would come and say, "It's time for tea." I felt...thank you God! Later, there was Green Hollow..."The hand of God." I had a little house built down the hill. I did my writing down there. Little verses...they flooded out of me... couldn't stop. I haven't been writing since I came here... except in the sunroom, of course. I can't write any more. I have to tell you what I think. Still, I'm getting used to this place. It's teaching me a lot. First of all, that God is everywhere; helps me every day, quides me in all I do. I'm very grateful for what I've had. No one can take it away from me.